# Oil Palms + Orangutans: Forest Conservation in Malaysian Borneo 2023 Itinerary (subject to change)

#### **ORIENTATION SCHEDULE**

- Asynchronous Canvas Site
- MANDATORY SYNCHRONOUS PRE-DEPARTURE MEETING(S): to be scheduled

### **BORNEO PROGRAM SCHEDULE**

**Tue 6/20**: Depart USA (or earlier)

**Wed 6/21**: In transit (crossing international date line)

**Thu 6/22**: Arrive at Sandakan Airport (SDK) by 4:00 pm, Sabah Forestry Department will provide transportation to Sepilok B&B. Group Welcome Dinner.

Overnight at Sepilok B&B

**Fri 6/23**: Intro and activities at Rainforest Discovery Center including guided night walk.

Overnight at Sepilok B&B

**Sat 6/24**: Visit Bornean Sun Bear Conservation Center and Sepilok Orangutan Rehabilitation Center.

Overnight at Sepilok B&B

**Sun 6/25**: Travel to Deramakot Forest Reserve
Overnight at **Deramakot Forest Reserve** 

**Mon 6/26**: Field activities at Deramakot Forest Reserve, learn about reduced impact logging, night safari.

Overnight at **Deramakot Forest Reserve** 

**Tue 6/27**: Half-day for rest/downtime. Field activities at Deramakot Forest Reserve, night safari.

Overnight at **Deramakot Forest Reserve** 

**Wed 6/28**: Early departure from Deramakot. Tour Oil Palm Plantation. Travel to KOPEL. Overnight at **KOPEL Mandaa Kampung Stay** 

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**Thu 6/29**: Sunrise wildlife cruise, Community-based ecotourism, cultural activities, small holder oil palm farm, sunset wildlife cruise.

Overnight at KOPEL Mandaa Kampung Stay

**Fri 6/30**: Community-based ecotourism; travel to Danum Valley Overnight at **Danum Valley** 

**Sat 7/1**: Hiking and field activities at Danum Valley.

Overnight at **Danum Valley** 

**Sun 7/2**: Half-day for rest/downtime. Activities at Danum Valley.

Overnight at **Danum Valley** 

Mon 7/3: Travel Day; drive to Lahad Datu, flight to Kota Kinabalu, drive to KampOng.

Overnight at KampOng

**Tue 7/4**: Field activities with Forever Sabah PADI Team (rice planting in paddy fields). Overnight at <a href="KampOng">KampOng</a>

**Wed 7/5**: Mt. Kinabalu Park and travel to Kota Kinabalu. Farewell Dinner.

Overnight at **Kota Kinabalu Dreamtel** 

**Thu 7/6**: Depart Kota Kinabalu Airport (BKI) and travel home, to internship, or onward for personal travel.

### **NOTES for Travel Medicine Consult**

This 2-week program takes place in the state of Sabah, Malaysia.

Accommodations will be hotel and hostel-style.

Activities will include hiking, field activities, tree planting, boat rides, cultural activities. There will be opportunities for swimming/water activities and rice planting in paddy fields.

Students will not handle wildlife as part of the program, but may come into contact with stray cats and dogs.

Optional: Some students will stay for an extended internship (up to 2 months) in one of the locations mentioned in the above itinerary.